



INVITATION

2014 ASIAN POWERLIFTING CHAMPIONSHIPS Sub-Junior, Junior, Open, Master (Men & Women)

QUEZON CITY, PHILIPPINES

Preliminary entry: Feb 25, 2014	Not participating: Feb 25, 2014	Final entry: Apr 5, 2014
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Sanctioned by : Asian Powerlifting Federation, International Powerlifting Federation

Organized by : Powerlifting Association of the Philippines

Meet Director : Eddie Torres

132 Roosevelt Ave., San Francisco Del Monte, QC, Philippines 1105

E-mail: eetmail@gmail.com

Tel: +63-918-8143533

APF Technical Committee Chairman: Wing Yuk Ip (Josephine Ip), E mail: wypkucc@yahoo.com.hk

APF Assistant Secretary: Hisako Yoshida, E mail: hisako@phouse.jp

Host City: Quezon City, Philippines

Date: 26th April to 1st May 2014

Venue: Quezon Ballroom, Great Eastern Hotel, Quezon City

Hotel: **Great Eastern Hotel**

1403 Quezon Avenue, Quezon City, Philippines

Tel No: +63 2 3718282

Single room (1 big bed) US\$ 100 (per day, one person): 8 smoking & 49 non-smoking rooms available

Double room (2 regular beds) US\$75 (per day, per person): 20 smoking & 49 non-smoking rooms available

Junior suite – single occupancy US\$145 (per day, one person) : 10 smoking & 40 non-smoking rooms available

Junior suite – double occupancy US\$90 (per day, per person) : 2 smoking & 28 non-smoking rooms available

Hotel rate include **buffet breakfast, buffet lunch and buffet dinner** in the hotel, and transportation from the Airport to Hotel and Hotel to the Airport. Some types of rooms have limited availability.

Hotel amenities:

Free wi-fi

Swimming pool

Food:

Gulliver's of San Francisco (steaks)

Café de Chine (coffee shop)

Dimsum/noodle kiosk

Nearby places:

Mercury Drugstore (100 meters)

Crossing's Department Store & Grocery (120 meters)

National Bookstore (100 meters)

Tropical Hut (Grocery) (120 meters)

SM City Mall North EDSA (very huge mall) (3 km, beside Trinoma Mall)

Trinoma Mall (very huge mall) (3 km, beside SM City North EDSA Mall)

Map:

<https://maps.google.com.ph/maps?q=Great+Eastern+Hotel,+Quezon+Avenue,+Quezon+City&hl=en&ll=14.638618,121.03038&sspn=0.006073,0.009645&hq=Great+Eastern+Hotel,&hnear=Quezon+Ave,+Quezon+City,+Metro+Manila&t=m&z=16>

Note 1: *All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100, per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 105.4.4).*

Hotel booking : All Hotel booking should be sent to the Meet Director at least one month before the Championships.

At the arrival of the Hotel, Team Managers need to pay all the members hotel fees to the special championship desk.

All team members are responsible for their hotel expenses. The organizer of this event will not pay for any hotel accommodations. Team managers will be responsible for all unpaid bills.

ID-Card: Each nation must email photos (for security reason) to the Meet Director, for each officials and lifters.

Scales: Venue or hotel room

Technical meeting/Congress: 8:00pm, 26th April 2014, in hotel

Opening ceremony: 27th April, 2014, 9:00a.m. at the Venue

Banquet: 1st May, 8:00p.m.

Banquet fee: Banquet Ticket US\$25

Airport: Ninoy Aquino International Airport (Manila)

Transportation: For transportation from Airport to Hotel and from Hotel to Airport will be arranged by the Organizer, if arrival and departure details is notified 3 weeks in advance. The cost is included in the hotel fee.

Drug Test Fee & Participation Fee:

Drug Test Fee USD60\$, Participation USD40\$ per lifter will be collected at the Technical Meeting.

National Flag & Nation Anthem:

Each participating nation must bring their National Flag and email (preferred) their National Anthem to etmail@gmail.com or being CD/flash drive of their National Anthem

Health and Travel Insurance: We recommend a travel insurance for covering loss of luggage, theft, delayed planes etc. The organiser and the APF will not incur any expenses for a doctor or a stay in hospital.

Nominations: Team nomination forms must be in the hands of Meet Director (etmail@gmail.com), APF Technical Committee Chairman (wjiphkucc@yahoo.com.hk), and APF Assistant Secretary: (hisako@phouse.jp) not later than:

Preliminary: February 25, 2014

Final: April 5, 2014

Correspondence: E-Mails regarding the championships must be sent to the Meet Director Eddie Torres & a copy to Wing Yuk Ip (CTC) and Hisako Yoshida.

Susumu Yoshida
APF President

Ramon Debuque
PAP President/Interim APF
Treasurer

Eddie Torres
Meet Director/Interim APF
General Secretary

Provisional Timetable of Events

Date	Weigh-in	Weight Class	Start
26-Apr		Technical Meeting/Congress	8:00pm
27-Apr		Opening ceremonies	9:00am
	8:00-9:30am	Women 43/47/52kg	10:00am
	2:00-3:30pm	Women 57/63/72/84/84+ kg	4:00pm
28-Apr	8:00-9:30am	Men 53/59kg	10:00am
	2:00-3:30pm	Men 66kg	4:00pm
29-Apr	8:00-9:30am	Men 74kg	10:00am
	2:00-3:30pm	Men 83kg	4:00pm
30-Apr	8:00-9:30am	Men 93kg	10:00am
	2:00-3:30pm	Men 105kg	4:00pm
1-May	8:00-9:30am	Men 120/120+kg	10:00am
		Banquet	7:00pm

Victory Ceremonies: **At the end of each competition session**